ROFFEY PARK REHABILITATION CENTRE

A record of two years' progress, 1944-1946

NATIONAL COUNCIL FOR THE REHABILITATION OF INDUSTRIAL WORKERS

Registered Offices: 17–19, Stratford Place, W.1

ROFFEY PARK REHABILITATION CENTRE, HORSHAM, SUSSEX

Telephone and Telegrams: Faygate 204/5

Chairman of the Council ..	Lord Horder, G.C.V.O., M.D., F.R.C.P.
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Honorary Treasurer	Mr. C. Harold Vernon
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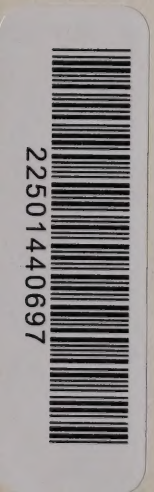
Secretary-Accountant	H. F. Priddy, F.C.C.S.
Solicitors	McKenna & Co., 14, Waterloo Place, S.W.1
Auditors	Mellors, Basden & Co., 73, Basinghall Street, E.C.2
Trustees	Barclays Bank Limited

"A great society is one in which its men of business think greatly of their function."—*Professor Whitehead.*



COUNCIL

WELLCOME LIBRARY
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Sir Alexander Aikman	Electric & Musical Industries Ltd.
Mr. A. V. Barber, B.A., F.I.B., F.R.E.S., F.R.S.A.	Banking Information Service
Sir Robert Barlow	Metal Box Co. Ltd.
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Mr. C. Harold Vernon	Chairman, C. Vernon & Sons, Ltd. (*Hon. Treasurer*)
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Mr. F. A. S. Gwatkin	McKenna & Co.
Miss Caroline Haslett, C.B.E.	Director of the Women's Engineering Society
T. M. Ling, M.D., M.R.C.P.	Medical Director, Roffey Park
Sir Archibald McKinstry, M.I.M.E., M.Sc., M.I.E.E.	Vice-Chairman, Babcock & Wilcox, Ltd.
Mr. W. Puckey	Director, Hoover, Ltd.
Mr. G. Leslie Wates	Chairman, Johnson & Phillips, Ltd.

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Physician to H.M. The King

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Professor F. C. Bartlett, C.B.E., F.R.S., M.A.	Professor of Psychology, Cambridge
Sir Jack Cecil Drummond, D.Sc.	Scientific Adviser to the Ministry of Food
Frank Howitt, M.D., F.R.C.P.	Physician in charge of Physical Medicine, Middlesex Hospital
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H. V. Taylor, O.B.E., D.Sc., A.R.C.S.	Horticultural Commissioner, Ministry of Agriculture
Professor James Young, D.S.O., F.R.C.S.	Professor of Gynæcology, London University

Limbering the body to aid in the relaxing of mental and nervous strain.

ROFFEY PARK REHABILITATION CENTRE was established in June, 1944 through the generosity of a number of progressive employers and since that date 688 men and 632 women have been through the Centre.

ROFFEY PARK represents the most comprehensive scheme in the country for the investigation and treatment of clerical and industrial workers suffering from industrial fatigue, depression, anxiety states and other manifestations of indeterminate ill-health.

It recognizes that the restoration of working capacity must employ a number of activities proceeding at the same time and based on the fundamental principles of healthy living.

It recognizes that successful treatment is useless without suitable placement so that close contact is maintained with Industrial Medical Officers and Personnel Managers.

The Matron takes a blood test. Full clinical as well as neurological and psychological investigations are made into each case, so that treatment may be complete.

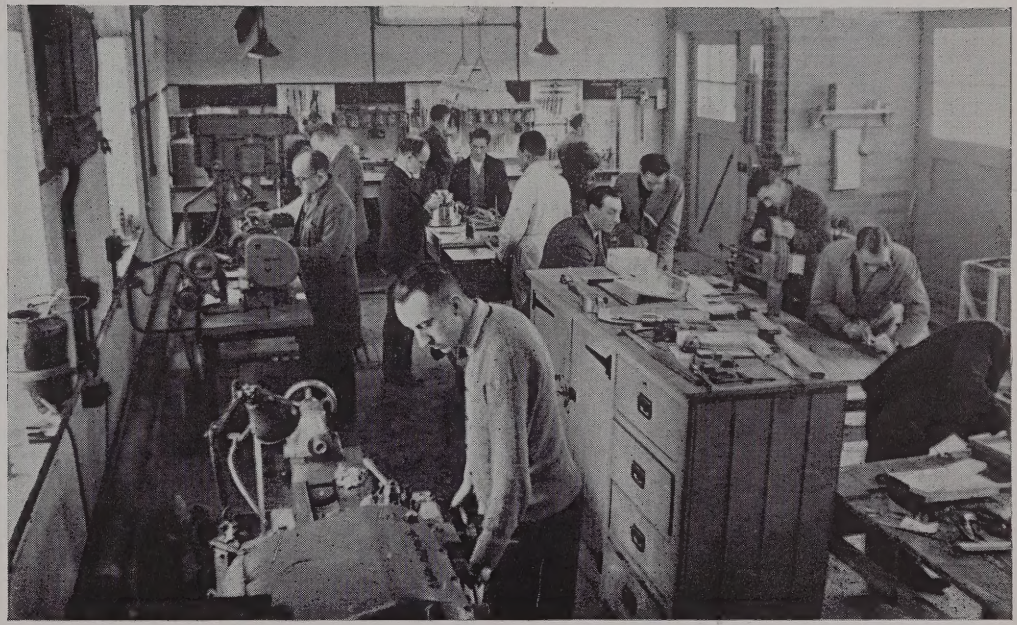
METHODS OF TREATMENT

Patients are admitted on the recommendation of Industrial Medical Officers and Hospital Out-patients' Departments.

In ideal surroundings, office and industrial workers of all levels are dealt with according to their individual needs, while experience has shown that six weeks normally suffice for successful treatment.

On admission each case is fully investigated by one of the three resident doctors and suitable medical, psychological and occupational treatment is arranged. Visiting specialists are available if required and X-ray and laboratory investigations are carried out in collaboration with Horsham Hospital.

Regular Medical Supervision is carried out in every case and all modern methods of treatment are available as indicated.



" The other fellow's job " provides interest and relaxation to workers from a different sphere.

OCCUPATIONS, DIET AND RECREATION

All patients take part in the work of the Centre, they are responsible for keeping their own rooms tidy, assisting in the kitchen and dining hall, while occupational workshops and gardens give a complete change from normal routine and surroundings.

Meals planned by a trained dietitian, including fresh fruit and vegetables from the ten acres under cultivation, help to impress on patients the value of a balanced diet.

The patients are encouraged to help in the cultivation of produce under the instruction of a Horticulturist.

Evening leisure is catered for by educational films, discussion groups, brains trusts, concerts, dances and talks of general interest by qualified speakers.

Gathering the tomato crop in the greenhouses in which the patients gain an interest in food production.

ADMISSION

The maintenance cost for each patient is £4 14s. 6d. a week and those able to pay for themselves are expected to do so. Others are sent under the auspices of their employers, or are assisted by Local Authorities.

The Hospital Savings Association and the Hospital Saturday Fund provide their members with a voucher valued at £3 3s. od. a week, provided the balance is chargeable to the employer, Local Authority or some other charitable organisation.

The Centre is incorporated in the E.M.S. scheme of the Ministry of Health.

Admission is obtained by completing an application form which is obtainable from the Medical Director, Roffey Park, who welcomes enquiries for information or assistance.

The friendly club atmosphere prevails in the dining hall. Making new friends is as valuable as rest and a change of occupation.

DISCHARGES

All cases are treated with full understanding of their occupational background and special attention is paid to suitable placement on discharge.

A full medical report is sent to the referring doctor and a subsequent enquiry is made at a suitable interval.

Regular follow-ups show that approximately 86 per cent. return to full-time work and that hundreds of workers have thus regained their status as happy and useful citizens. This is ample confirmation of the need for and general soundness of the facilities provided by the Council, which will be particularly desirable in the coming years.

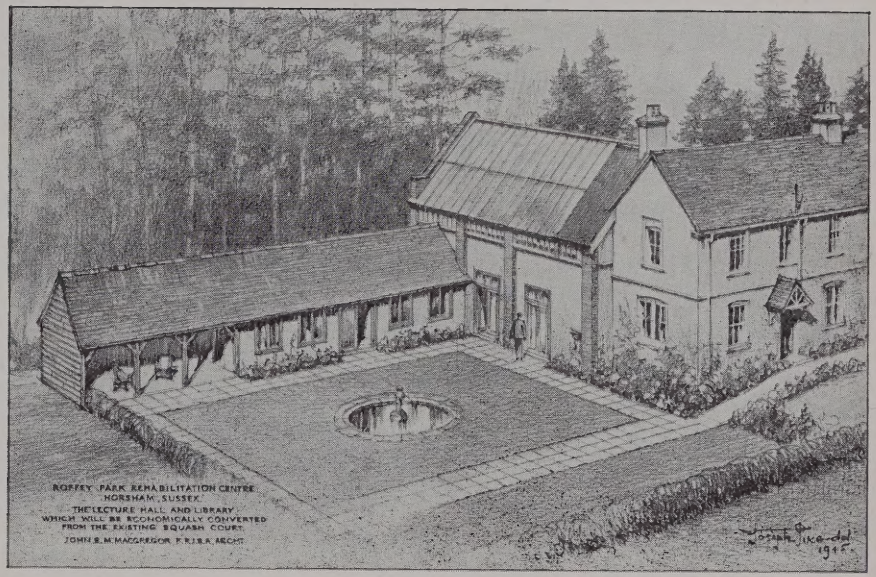
Graded physical exercises provide a valuable part of the general treatment in appropriate cases.

TRAINING DEPARTMENT

In response to the growing demand for training from Personnel Managers and Industrial Medical Officers, a Training and Research Department is planned and it is hoped to commence two-weekly courses for such individuals from home and overseas early in 1947.

The curriculum will cover industrial health and fatigue; feeding for the industrial worker; physical education in industry; the effects of noise, monotony, ventilation and lighting; resettlement problems—particularly as applied to Ex-Service and Prisoner of War cases, the special problems of the disabled and gastric and neurosis cases.

Here again industry has been most co-operative and nearly all the money required for capital alterations has been donated.

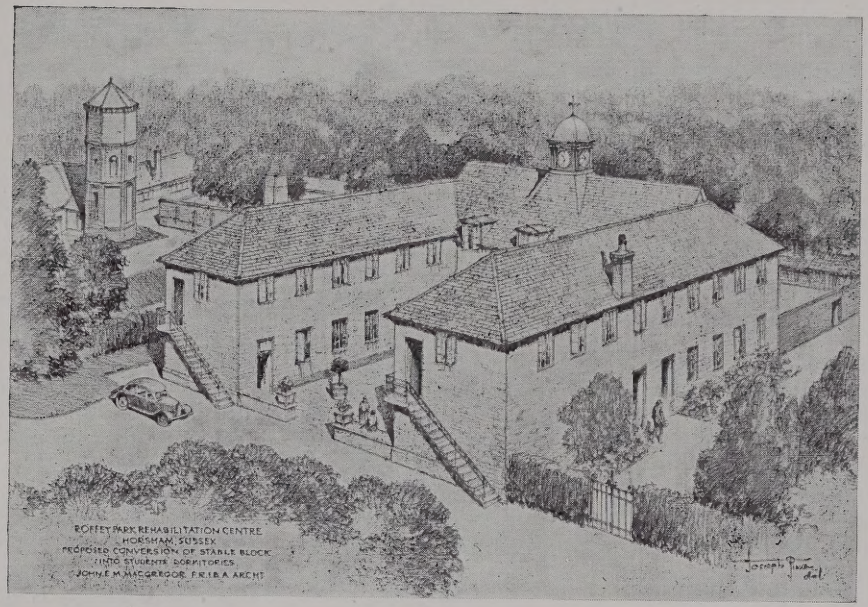

ROFFEY PARK REHABILITATION CENTRE
HORSHAM, SUSSEX
THE LECTURE HALL AND LIBRARY
WHICH WILL BE ECONOMICALLY CONVERTED
FROM THE EXISTING SQUASH COURT
JOHN R. M. MACGREGOR F.R.I.B.A. ARCHT
1975

The proposed Lecture Hall and Library which is being converted from the existing Squash Court.

RESEARCH IN INDUSTRIAL HEALTH

Research will be carried out by the staff of the Training and Research Department spending part of their time in factories and offices, giving technical advice and carrying out surveys.

By this means they will combine teaching and research in the associated fields of industrial health and rehabilitation.


ROFFEY PARK REHABILITATION CENTRE
HORSHAM SUSSEX
PROPOSED CONVERSION OF STABLE BLOCK
INTO STUDENTS DORMITORIES
JOHN E M MACGREGOR F.R.I.B.A. ARCHT

The hostel which is being converted from a large stable block already owned by the Council and which will provide accommodation for 25 trainees.

LIST OF CONTRIBUTIONS ESTABLISHING ROFFEY PARK REHABILITATION CENTRE AND TRAINING DEPARTMENT

	£	s.	d.
Courtaulds Limited	5,000	0	0
Boots Pure Drug Company Ltd.	4,200	0	0
Crompton Parkinson Limited	3,000	0	0
Marks & Spencers Limited	2,400	0	0
Babcock & Willcox Ltd.	2,000	0	0
Cable & Wireless Ltd.	2,000	0	0
Marconi's Wireless Telegraph Co. Ltd.	2,000	0	0
Harris Lebus	1,635	0	0
Standard Telephones & Cables Ltd.	1,260	0	0
General Electric Co. Ltd.	‡1,200	0	0
Johnson & Phillips Ltd.	†1,200	0	0
Bristol Aeroplane Co. Ltd.	1,050	0	0
Electrical & Musical Industries Ltd.	1,050	0	0
The Metal Box Co. Ltd.	1,050	0	0
Schweppes Ltd. & Kia-Ora Ltd.	1,050	0	0
Vickers-Armstrong Ltd.	1,050	0	0
Bank of England	1,050	0	0
Co-Operative Wholesale Society Ltd.	1,050	0	0
Imperial Chemical Industries Ltd.	†1,040	0	0
J. Bibby & Sons Ltd.	1,000	0	0
Birmingham Small Arms Co. Ltd.	1,000	0	0
Imperial Tobacco Co. (of Great Britain and Ireland) Ltd.	†1,000	0	0
Lever Bros. & Unilever Ltd.	1,000	0	0
Reckitt & Colman Ltd.	1,000	0	0
E. S. & A. Robinson Ltd.	1,000	0	0
Short Bros. (Rochester & Bedford) Ltd.	1,000	0	0
Woolwich Equitable Building Society	1,000	0	0
Dunlop Rubber Co. Ltd.	1,000	0	0
Beechams Group	1000	0	0
Hoover Ltd.	†766	10	0
James W. Cook & Co. Ltd.	750	0	0
The Morgan Crucible Co. Ltd.	750	0	0
Rowntree & Co. Ltd.	750	0	0
Westinghouse Brake & Signal Co. Ltd.	710	0	0
The Decca Record Co. Ltd.	700	0	0
Tootall Broadhurst Lee Co. Ltd.	700	0	0
Phillips Lamps Ltd.	620	0	0
Oxo Ltd.	605	0	0
Ardente Ltd.	556	0	0
Blackburn Aircraft Ltd.	500	0	0
Bovril Ltd.	500	0	0
J. D. Carr, Esq. (John Dale Ltd.)	500	0	0
A. C. Cossor Ltd.	500	0	0
The De Havilland Aircraft Co. Ltd.	500	0	0
The Fairey Aviation Co. Ltd.	500	0	0
The Fine Cotton Spinners & Doublers' Association Ltd.	500	0	0

	£	s.	d.
Ford Motor Co. Ltd.	500	0	0
The Glacier Metal Co. Ltd.	500	0	0
Great Universal Stores Ltd.	†500	0	0
Kodak Ltd.	500	0	0
London Passenger Transport Board	500	0	0
Patons & Baldwins Ltd.	500	0	0
J. Stone & Co. Ltd.	500	0	0
Vauxhall Motors Ltd.	500	0	0
G. A. Harvey & Co. (London) Ltd.	500	0	0
Heinz Ltd.	500	0	0
Wiggins Teape & Co. (1919) Ltd.	500	0	0
British Oxygen Co. Ltd.	500	0	0
Associated British Picture Corporation	‡450	0	0
Rootes Securities Ltd.	‡450	0	0
S. Smith & Sons Ltd. (England)	355	0	0
Fisons Ltd.	352	0	0
The Associated Portland Cement Manufacturers Ltd.	350	0	0
British Portland Cement Manufacturers Ltd.	350	0	0
George Cohen, Sons, & Co. Ltd.	350	0	0
Davis & Timmins Ltd.	350	0	0
Birmid Industries Ltd.	350	0	0
J. M. Dent & Sons Ltd.	350	0	0
Powers Accounting Machines Ltd.	350	0	0
Watliff & Co. Ltd.	350	0	0
Trepur Paper Tube Co. Ltd.	315	0	0
D. Gestetner Ltd.	302	10	0
R. Costain Ltd.	270	0	0

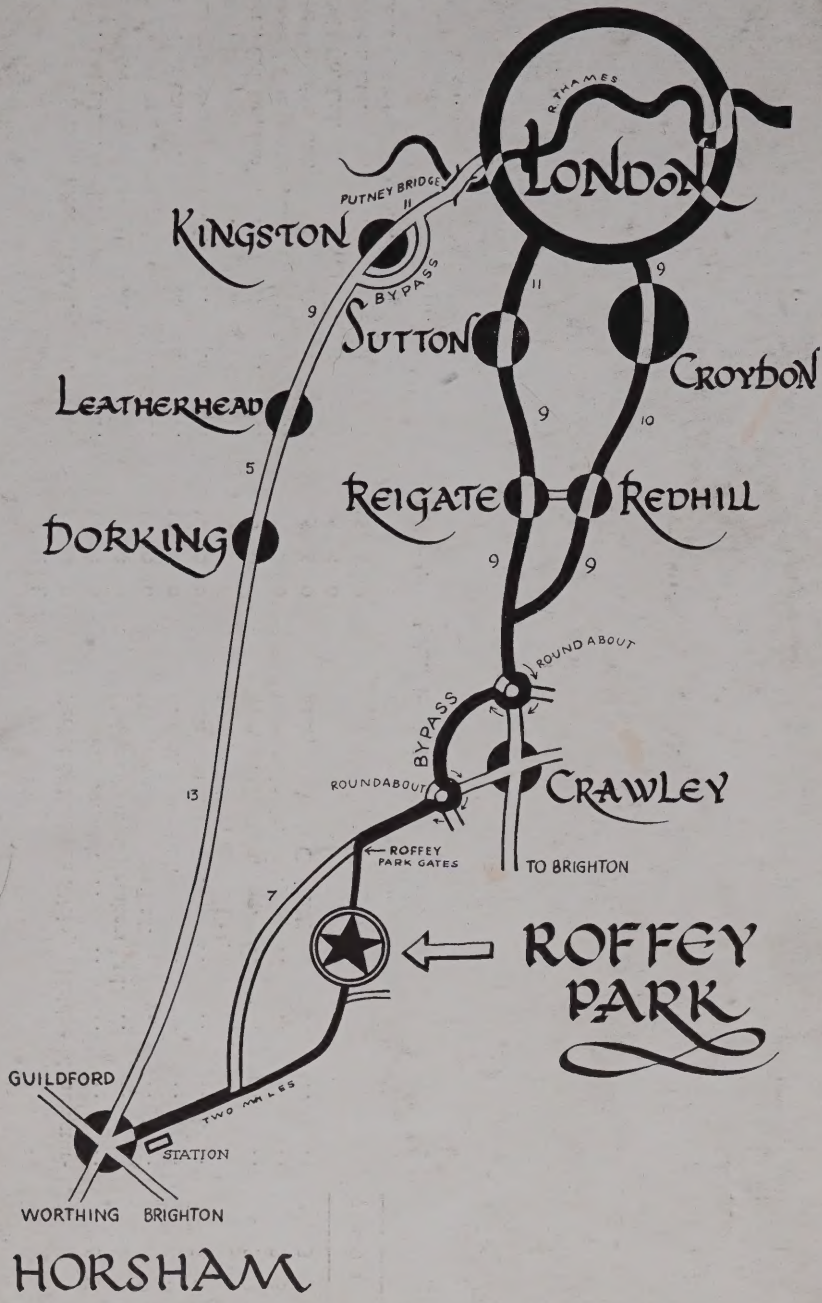
	£	s.	d.
Chloride Electrical Storage Co. Ltd.	250	0	0
Dowty Equipment Ltd.	250	0	0
National Cash Register Co. Ltd.	250	0	0
Guest Keen & Nettlefolds Ltd.	250	0	0
Associated Insulations Products	210	0	0
Richard Crittall & Co. Ltd. & Airducts Ltd.	210	0	0
British Insulated Callenders Cables Co.	210	0	0
Doulton & Co Ltd.	200	0	0
Stewarts & Lloyds Ltd.	200	0	0
Whitehead Iron & Steel Ltd.	200	0	0
Ronuk Ltd.	‡200	0	0
Vokes Ltd.	157	10	0
Johnson, Matthey & Co. Ltd.	155	0	0
Shell Refining & Marketing Co. Ltd.	150	0	0
James Pascall Ltd.	131	5	0
Baker Perkins Ltd.	126	0	0
A.B.C. Motors Ltd.	105	10	0
B. X. Plastics Ltd.	105	0	0
British Overseas Airways Corporation	105	0	0
Cunliffe Owen Aircraft Ltd.	105	0	0
Frigidaire Ltd.	105	0	0
N. C. Joseph Ltd.	105	0	0
Muirhead & Co. Ltd.	105	0	0
W. M. Rothschild & Son	105	0	0
Turner & Savage Ltd.	105	0	0
Ultra Electric Ltd.	105	0	0
C. Harold Vernon, Esq.	105	0	0
Telegraph Construction & Maintenance Co. Ltd.	105	0	0

	£	s.	d.
Bristol Myers Co. Ltd.	105	0	0
Northam Warren Ltd.	105	0	0
The Chas. H. Phillips Chemical Co. Ltd.	105	0	0
Organon Laboratories	100	0	0
Winget Ltd.	100	0	0
Aldous Successors Ltd.	100	0	0
Allen & Hanburys Ltd.	100	0	0
F. C. Braby, Esq.	100	0	0
Ericsson Telephones Ltd.	100	0	0
Essex Aero Ltd.	100	0	0
Eugene Ltd.	100	0	0
Folland Aircraft Ltd.	100	0	0
Halex Ltd.	100	0	0
Kayzer Bondor Ltd.	100	0	0
London Brick Co. Ltd.	100	0	0
Tyler's Ltd.	100	0	0
James Walker & Co. Ltd.	100	0	0
Field Consolidated Aircraft Services Ltd.	100	0	0
Leslie Harwood, Esq.	73	10	0
Johnson & Jorgensen Ltd.	70	0	0
Keith Blackman Ltd.	52	10	0
J. C. Gamble & Co. Ltd.	52	10	0
Barnes Aluminium & Bronze Co.	50	0	0
Barronia Metals Ltd.	50	0	0
Blakeborough, J., & Sons Ltd.	50	0	0
Dubilier Condenser Ltd.	50	0	0
Fred. Braby & Co. Ltd.	50	0	0
The Gas Light & Coke Co. Ltd.	50	0	0
Godins 'The Rollers of Steel Sections' Ltd.	50	0	0
George Kent Ltd.	50	0	0
Magnesium Castings & Products Ltd.	50	0	0
Percival Aircraft Ltd.	50	0	0
E. Pollard & Co. Ltd.	50	0	0
Scott & Turner Ltd.	50	0	0
John Walsh Walsh Ltd.	50	0	0
High Duty Alloys Ltd.	50	0	0
H. & E. Lintott Ltd.	50	0	0
Hayward Tyler & Co. Ltd.	35	0	0
Joshua Begwood & Sons Ltd.	26	5	0
The Car Mart Ltd.	26	5	0
Davis Steel Specialities Ltd.	25	0	0
Delco-Remy & Hyatt Ltd.	25	0	0
Liverpool Council of Social Welfare	25	0	0
Goddard & Sons Ltd.	25	0	0
McCorquodale & Co. Ltd.	25	0	0
Delapena & Sons Ltd.	25	0	0
Park Ward & Co.	25	0	0
Telefex Products Ltd.	25	0	0
Motor Cycle Trade Benevolent Fund	21	0	0
Cheseborough Manufacturing Co. Ltd.	21	0	0
E. R. Watts & Son Ltd.	21	0	0
Whiteley Electrical Radio Co. Ltd.	21	0	0
Harding Tilton & Hartley	15	15	0
Beethoven Electrical Equipment Ltd.	10	10	0
A. Frazer-Nash Esq.	10	10	0
The Rennie Tool Co. Ltd.	10	10	0

	£	s.	d.
Smiths Dock (Middlesbrough) Ltd.	10	10	0
B. & P. Swift Ltd. (Swift Scale Co.)	10	10	0
The London Name Plate Mftg. Co. Ltd. ..	10	10	0
Alford & Alder (Engineers) Ltd.	10	10	0
Elm Works Ltd.	10	10	0
Park Royal Coachworks Ltd.	10	10	0
Messrs. Halldrons	10	0	0
Messrs. Calman, Links.	10	0	0
Advanced Components, Ltd.	10	0	0
Allied Suppliers Ltd.	5	5	0
Ozaloid Co. Ltd.	5	5	0
Plastilium Ltd.	5	5	0
Electric Hose & Rubber Co. Ltd.	5	5	0
Berkel & Parnall's Slicing Machine Manufacturing Co. Ltd.	5	5	0
Universal Postal Frankers Ltd.	5	0	0
Wingrove & Rogers Ltd.	5	0	0
E. & E. Kaye Ltd.	5	0	0
Celestion Ltd.	5	0	0
John B. Bilton & Co. Ltd.	3	3	0
F. A. S. Gwatkin, Esq.	3	3	0
Rheostatic Co. Ltd.	3	3	0
Energen Foods Co. Ltd.	3	3	0
	£73,179	12	0

‡ In kind. † And in kind.

"FROM IMAGINED FEARS AND GRIM DEPRESSION FREED . . ."


R. THAMES
LONDON
PUTNEY BRIDGE
11
KINGSTON
BYPASS
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SUTTON
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CROYDON
LEATHERHEAD
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REIGATE
REDHILL
DORKING
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9
ROUND ABOUT
BYPASS
ROUNDABOUT
13
CRAWLEY
ROFFEY PARK GATES
TO BRIGHTON
7
ROFFEY PARK
GUILDFORD
TWO MILES
STATION
WORTHING
BRIGHTON
HORSHAM